



# Dr. Nithya V S

## Assistant Professor

**REG NO** : 17038

**DOB** : 05-05-1991

**EXPERIENCE** : 2 YEARS

**ACADEMIC QUALIFICATION:** BAMS, MD (AYU) DRAVYAGUNA, PHD SCHOLAR AT ALL INDIA INSTITUTE OF AYURVEDA, NEW DELHI

**NO. OF PUBLICATIONS:** 7

### List of Publications

- **2024-2025:**

1. Athul T P et al. J Complement integrative med. 2025. Exploring the impact of herbaceous apiaceae family plants on primary dysmenorrhea: a systematic review protocol

- **Previous years**

2. VS Nithya, A review on need of Vatsanabha (*Aconitum ferox*) sodhana and its pharmacovigilance concern. Journal of Pharmacovigilance & Drugs Safety (Published) volume 16/issue 2

3. V S Nithya, V.C Indulekha, S K Veena. Critical Review on Agastyahareetaki Avaleha With Special Reference To Swasahara Karma. International Journal of Ayurveda and Pharma Research. 2020;8(Suppl 1):7-12.

4. Nithya V S et al. Ijppr.Human, 2020; Vol. 19 (2): 185-192.

5. S.K. Veena, V.S.Nithya, V.C. Indulekha. A critical review on Nayopayam kwatha- A unique Ayurvedic formulation for Respiratory diseases. International Journal of Ayurveda and Pharma Research. 2020;8(11):1-8

6. V S Nithya, V C Indulekha, & A Helen. (2021). In vivo anti-inflammatory effect of root of *Ampelocissus indica* (L.) Planch (Chembravalli). Journal of Traditional and Folk Practices (JTFP), 9(1 & 2). Retrieved from <https://jtfp.jntbgri.res.in/index.php/jtfp/article/view/17>

7. Nithya, V. S.; Athul, T. P.; Deogade, Meena; Nesari, Tanuja Manoj. Role of foxtail millet (*Setaria italica* (L.) P. Beauvois) in senile bone degenerative diseases: A conceptual review. Journal of Drug Research in Ayurvedic Sciences 8(Suppl 1):p S76-S81, November 2023. | DOI: 10.4103/jdras.jdras\_218\_23